

HAIR MOISTURISERS

Use these first, on dry hair before you wash it. Leave them for 20 minutes. They soak deep down into your hair, soften it, nourish and calm it into submission. Then you wash it - you might need to give it a couple of shampoos to get all the gunk out - and condition it to finish off. Each one has special effects for different hair types or colours, but the essence of it is that Lush Hair Moisturisers turn straw-like hair into silky hair. Use them when you want to give your hair a treat and a lot of extra shine.



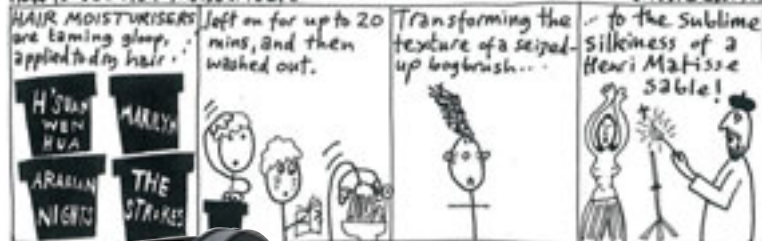
H'SUAN WEN HUA

Feeds your hungry, out-of-condition hair
Biggest Benefit: Softness
 H'Suan Wen Hua smells like a pot of salad dressing which is one of the reasons that it's best to wash it out thoroughly. By the time it's soaked right in, swamping your locks with vitamin-loaded watercress, protein-packed free range eggs, mucilaginous bananas and nutritious avocados, you'll forgive it the funny smell: unmatched softness for dry or curly hair.
 94 225g/7.9 oz.

Ingredients: Fresh Bay Infusion, Fresh Watercress Infusion, Fresh Free Range Eggs, Cetearyl Alcohol (&) Sodium Lauryl Sulfate, Fresh Bananas, Fresh Avocado, Balsamic Vinegar, Olive Oil, Linalin, Rosemary Oil, Cinnamon Leaf Oil, Lecithin, *Cinnamyl Alcohol, *Cinnamal, *Eugenol, *Benzyl Benzoate, *Limonene, *Linalool, Perfume, Methylparaben, Propylparaben.

"What a great invention... This Mayonnaise looked like with the smell of spicy, exotic clove and cinnamon can make my hair like a Goddess...It makes my hair more straightener, stronger and healthier! My only regret about HWH: that one tub is run out sooo quickly!" Selly Hasbullah ...a Lush addict from "the far side of the world", Jakarta, Indonesia.

How To Use Hair Moisturisers



ARABIAN BRIGHT

Shine, softness and red glints for dark hair
Biggest Benefit: Chestnut silkiness
 Arabian Bright gives you hair like a horse, and we mean that in a good way. Picture a sleek, Arabian stallion with a glossy chestnut coat. Treat your hair with Arabian Bright and give it a hint of henna red and a whole lot of olive oil condition, strength and softness. Add the scent of vanilla and frankincense and you're ready to be whooshed away over the desert.
 644 225g/7.9 oz.

Ingredients: Red Henna Infusion, Cetearyl Alcohol (&) Sodium Lauryl Sulfate, Olive Oil, Frankincense Resinoid, Vanilla Absolute, *Limonene, Perfume, Methylparaben, Propylparaben.

"The perfect recipe for instant exotic princess status! Just smother your dreary, sad locks with the criminally delicious scented Arabian Bright and twenty minutes later you shall have sitar music playing wherever you go. Works a charm!" Hannah Millard from the land that is Derbyshire.

The STROKES

Body, weight and smoothness for bouffy, flyaway hair
Biggest Benefit: Control
 The Strokes was designed to control the uncontrollable without resorting to the kinds of tools and chemicals which cause irreparable damage to your wayward hair. We use handmade herbal infusions, local Dorset beer and yeast to give your hair loads of shine and masses of weight. Use this before - or instead of - a heavy session with the straighteners.
 646 225g/7.9 oz.

Ingredients: Fresh Lemongrass, Thyme, Rosemary, Mint & Sage Infusion, Stout (Beer), Yeast Infusion, Cetearyl Alcohol and Sodium Lauryl Sulfate, Olive Oil, Cognac Oil, Lemongrass Oil, *Citral, *Geraniol, *Citronellol, *Limonene, *Linalool, Perfume, Methylparaben, Propylparaben.



"What my hair has been missing all along. This is what Roman palaces must have smelled like years ago! (In my opinion anyway)." Camilla Lyttle, 13, Northern Ireland.



MARILYN

Makes your blonde hair soft and shiny as spun fax
Biggest Benefit: Natural blondness
 Most products which lighten the hair use chemicals which do bad things over time. (Men who've only ever dated blondes get a big surprise when they accidentally touch soft, dark hair.) Chamomile is nature's best way of lightening hair; Marilyn uses masses of it to keep the highlights up. Limesed gel is a superb softener. It's got that too. Plus it's got lemons for lightness, olive oil for softness, saffron for blondness - you get the picture. Blondes: use it.
 645 225g/7.9 oz.

Ingredients: Limesed Mucilage, Chamomile Infusion, Saffron Infusion, Cetearyl Alcohol (&) Sodium Lauryl Sulfate, Fresh Lemon Juice, Cetearyl Alcohol, Olive Oil, Lemon Oil, Chamomile Oil, Saffron Lecithin, *Citral, *Limonene, Perfume, Methylparaben, Propylparaben.

cardiff LUSH

* Occurs naturally in essential oils

LES CACAS NO S*XT

Subject to patents granted and pending around the world.



"I've been coloring my hair forever and never have I gotten more compliments than when I started to use Lush Cacac. My hair is shiny, soft and the color is beautiful." Kelli Wiersema, an American in Bad Saackingen, Germany.

Les Cacac: the name is designed to make you stop and wonder for a moment, "Why call them the French for poo?" It's because we think that it's very important, if you're going to plaster a hot mixture of hair dye on your head and leave it there for up to several hours, that what's in it is pure and beautiful and not going to do you any damage. Our hennas are 100% taken from nature. To put it bluntly, there's no chemical crap in them. They do a fantastic job colouring your hair, giving it an unbeatable shine which can happily be taken outside into full sunlight and still look magnificent for weeks. What's brilliant about them is their purity. Colouring your hair with our Cacac actually makes your head feel better. Try one. (Test first).

Caca NOIR

The deep blue-black-burgundy one
Lowliest feature: genuine indigo
 Genuine indigo is made by fermenting the Indigo tinctoria plant. It was used to make Indian ink and adds a deep blue-black dye to our Caca Noir ("black poo", technically). It's known as black henna although the plants aren't related. (There are some things you can get in tubes which are called black henna, but be very careful if you buy them; often they aren't the real thing at all, just a chemical dye.) Our Caca Noir is red henna and indigo combined to give you deep blue-black-burgundy shades. Let it air dry for a darker colour or keep it damp under Clingfilm for a redder colour. Mix the two for highlights. (Did that by accident once - looked great.)
 683 325g/11.4 oz.

Ingredients: Black Henna (Indigofera tinctoria), Cocoa Butter (Theobroma cacao), Red Henna (Lawsonia inermis), Irish Moss Powder (Chondrus crispus), Clove Bud Oil (Eugenia caryophyllus), *Citral, *Eugenol, *Geraniol, *Citronellol, *Limonene, *Linalool, Perfume.

Caca ROUGE

The really red one
Best benefit: Hair like sunsets
 When we think of henna'd hair we tend to picture the bright red-orange colour which comes from packets of the pure powder you can buy in Eastern markets. It's a great colour but bilmye, does it stink! The scent is definitely not henna's greatest selling point; the colour, shine and condition you get make up for it. Our patented Cacac take henna powder but combine them with essential oils for a lovely, spicy scent, cocoa butter to help them stick to your hair and powdered herbs for shine. Caca Rouge gives you that red with a pleasing perfume.
 671 325g/11.4 oz.

Ingredients: Red Henna (Lawsonia inermis), Cocoa Butter (Theobroma cacao), Fresh Lemon Juice (Citrus limonum), Powdered Rosemary (Rosmarinus officinalis), Clove Bud Oil (Eugenia caryophyllus), *Citral, *Eugenol, *Geraniol, *Citronellol, *Limonene, *Linalool, Perfume.

You will need rubber gloves, a clip to keep hair out of the way, a comb, Clingfilm, dark coloured towels, a bain-marie or heat-proof bowl in a saucepan and newspapers to cover the floor. Any spillages on uncovered surfaces should be cleaned up immediately.

Always carry out a strand test before a full head application. Follow the instructions and remember that henna continues to brighten your hair for a couple of hours after you've washed it off. Previous chemical hair treatments will affect the finished result particularly in the case of bleached or lightened hair or hair that has lightened in the sun. A strand test is EXTRA IMPORTANT in these cases.

Henna has a stunning effect on hair sprinkled with grey; the grey bits will sparkle bright red amongst the darker hairs. If you've over 40% grey prepare for a very vibrant result and always include some grey hair in your strand test.

Add boiling water to a small amount of Caca in a heat proof bowl. When the mixture is bearably hot use rubber gloves to apply to a section of hair approximately half an inch wide and leave for the desired length of time (20 minutes to as long as you want - we've been known to leave it on for six hours for an outstandingly bright shine and strong colour). Then shampoo, rinse and dry the hair. If the colour is what you want proceed with a full head application.

caca MARRON

The shiny chestnut one
Best benefit: The compliments
 Marron is French for chestnut, so technically its name translates as chestnut poo but let us ignore that for the moment and concentrate on the marvellous red-brown glow it gives your hair. Red henna combined with coffee and natural indigo powder, with Irish moss seaweed for softness, make a colour to turn hair chestnut and to turn heads. Strongly recommended and always used by Auntie Pamela (although she also tests the others).
 679 325g/11.4 oz.

Ingredients: Red Henna (Lawsonia inermis), Cocoa Butter (Theobroma cacao), Black Henna (Indigofera tinctoria), Ground Coffee, Fresh Lemon Juice (Citrus limonum), Irish Moss Powder (Chondrus crispus), Clove Bud Oil (Eugenia caryophyllus), *Citral, *Eugenol, *Geraniol, *Citronellol, *Limonene, *Linalool, Perfume.

"You know when you manage to peel a conker out of its prickly shell and it's a beautiful deep shiny red? Well you get the same colour hair if you use Caca Marron. Everyone comments on it!" Cathy Hays from Cambridge who likes to read Murder mystery stories.

Caca BRUN

The subtle coffee coloured one
Lowliest feature: Its subtlety
 Don't be afraid. Fear not that all hennas will turn you a shade of mandarin. Caca Brun is henna with coffee to give you a deep brown with just the occasional, very subtle red reflection when you catch the light. It's for hair which always wanted to commit itself to being seriously 'brunette' but hovered around the mousey shades. Take courage! Lose your mousey self in a glorious shiny brown.
 675 325g/11.4 oz.

Ingredients: Black Henna (Indigofera tinctoria), Cocoa Butter (Theobroma cacao), Red Henna (Lawsonia inermis), Ground Coffee, Nettle Powder (Urtica dioica), Irish Moss Powder (Chondrus crispus), Clove Bud Oil (Eugenia caryophyllus), *Citral, *Eugenol, *Geraniol, *Citronellol, *Limonene, *Linalool, Perfume.

Put your Caca into a heat resistant bowl or saucepan, cover with boiling water, allow the hot water to soak through for a few minutes (I take 20), then mix to the consistency of unwhipped double cream. Place the bowl or saucepan into a second saucepan containing hot water (or you cookery types can use your bain-marie). Heat until the henna is bearably hot to the touch. (The hotter the better for brighter colour, but don't burn your head!) Do not microwave it.

Wearing rubber gloves, apply henna thoroughly to clean, dry hair, section by section, working from back to front. Cover the roots first then apply to the ends (makes life much easier). Now wrap hair in Clingfilm for a redder look or leave unwrapped for a browner look. Leave on for at least an hour for the best effect. If by any chance you don't like the colour (because you didn't do strand test like we told you!) don't try to bleach it out because bleach opens the hair's cuticles, forcing the henna deeper in and making it harder to remove. Henna can diminish the effect of perming solution so if you want permed, hennaed hair, get the perm first and apply the Caca later.

Deeper colours can be built up by re-applications as often as you fancy. Using it for three days in a row gives you a colour and shine that lasts for weeks.