

SMOOTHIE SHOWER SOAPS

Is it a soap? Is it a shower gel? No, it's a Smoothie Shower Soap, made with cleansing clays, moisturising butters, fruit, vegetables and toning essential oils. When you're in a bit of a hurry but you want your bod to feel its best, take a handful, plaster it all over your body, rinse off and towel dry. You'll feel as if you've spent an hour in the shower making yourself perfect.

CREAMED ALMOND AND COCONUT SMOOTHIE

Conditioning Shower Soap

Our original Smoothie gets even more popular as the years go by. We use natural almond and coconut oils to moisturise and smooth your skin, hence the name. It doesn't smell of almonds and coconuts though; it smells of the essential oils we mix in when we whip it into a smooth, soft texture. It has calming vanilla, relaxing ylang ylang, soothing yet revitalising (aphrodisiac) jasmine and deep, rich, sexy labdanum. You can smooth it all over someone else's body - like a massage cream for the shower - but we wouldn't blame you for keeping it all for yourself.

400 250g/8.8 oz.

Ingredients: Vanilla Pod Infusion, Almond Oil, Glycerine, Sodium Palm Kernelate, Coconut Oil, Sodium Lauryl Sulfate, Vanilla Extract, Ylang Ylang Oil, Jasmine Absolute, Labdanum Resinoid, Sodium Chloride, EDTA, Tetrasodium Edirtrionate, Perfume, Methylparaben, Propylparaben.

"This has a subtle yet unusual scent, the coconut smell isn't very strong which allows the scent of the vanilla, ylang ylang and jasmine to come through. The best thing about this smoothie though is the texture; it's just so creamy and luxurious and your skin is left so soft that you don't need to moisturise." Sarah Ingram, Cardiff.



DREAMWASH



Soothing shower soap to calm red, dry skin.

Dreamwash is a Smoothie with a difference. We make it with soothing aloe and mounds of calming calamine powder to help distressed skin which usually reacts badly to cleansing products. It has the same supremely forgiving blend of essential oils as Dream Cream and Fresh Farmacy: chamomile, rose, lavender and tea tree. We made it for people with really troublesome skin problems but you can use it if you just want to help clear up a spotty back or soothe sunburn. Essential for everyone who suffers from sore skin whether it's all year round or when you're going for a beach holiday.

1455 250g/8.8 oz.

Ingredients: Calamine Powder, Aloe Vera Gel, Water, Sodium Palm Kernelate, Glycerine, Sodium Stearate, Rose Absolute, Chamomile Oil, Tea Tree Oil, Lavender Oil, Sodium Chloride, EDTA, Tetrasodium Edirtrionate, Perfume.

beckyjsbx's (UK LUSH FORUM) bath decorated with images from LUSH Times



SHOWER GELS

* Occurs naturally in essential oils



HAPPY HIPPY

Let's be clear: you don't have to be happy nor a hippy to use this grapefruit shower gel. Miserable bread-heads by way of mild-mannered civil servants may use it too. In fact the Happy Hippy invites all who need a bit of strong but gentle waking up to shower with our reviving gel, made from freshly squeezed pink grapefruits, bergamot and uplifting frankincense. Now everything's groovy!

2370 100ml/3.3 fl. oz.

2395 250g \$3.95

2396 500g \$6.95

Ingredients: Sodium Laureth Sulfate, Fresh Pink Grapefruit Juice, Grapefruit Water, Sodium Cocoamphacetate, Lauryl Betaine, Grapefruit Oil, Bergamot Oil, Frankincense Oil, Lactic Acid, Cocamide DEA, *Limonene, Perfume, Methylparaben, Propylparaben.

"This really wakes you up on the morning, it's good for when you are in a hurry. I always like to keep a bottle of this in the shower, I don't know what I'd do without it on a morning." Kathryn Wrightson, Durham.

"A staple in my shower - I couldn't live without the refreshing and zingy fragrance! I love it so much I even add it to my bath when I need to be cheered up." Lisa Scott (15 years old) Shirland, Nr. Alfreton, Derbyshire.

See Online if SOME OF YOUR OLD FAVORITE SHOWER GELS ARE STILL AVAILABLE. WE CANNOT GUARANTEE ANY ONE SIZE BUT IT WOULD BE WORTH CHECKING AT WWW.LUSH.COM AND Seeing.

Cardiff LUSH



* Occurs naturally in essential oils

We've got Jellies, Buttercreams and Smoothies, let alone a stash of soaps, but for people who like to know where they stand, we also have Shower Gels. Mind you, these aren't normal shower gels; admit it, you'd be disappointed to find normality in these pages would you not? Lush Shower Gels are spectacular. We have small bottles for if you're not sure yet and huge ones for when you are.

FLYING FOX

Be still my beating heart; let me wash all over with Flying Fox and feel calm once again. A Flying Fox shower wafers pure jasmine absolute all around your bathroom, body and living space, generously sharing the super-sensual scent with passers by. Greek, Hungarian and English honeys soothe your skin; jasmine, ylang, cypress and palmarosa do the same with your head. Pure jasmine can be too powerful for the meek; use it wisely.

2250 100ml/3.3 fl. oz.

2219 250ml/8.4 fl. oz.

2251 500ml/16.9 fl. oz.

Ingredients: Honey, Sodium Laureth Sulfate, Chinese Angelica, Burdock Root and Jasmine Flower Infusion, Sodium Cocoamphacetate, Hungarian Honey, Greek Honey, English Honey, Perfume, Jasmine Absolute, Ylang Ylang Oil, Cypress Oil, Palmarosa Oil, *Benzyl Alcohol, *Geraniol, *Limonene, *Linalool, Methylparaben, Propylparaben.

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SONIC DEATH MONKEY

The name has its own story. Barry, played by Jack Black in the film of Nick Hornby's book High Fidelity, called his band Sonic Death Monkey just to annoy everyone.

Mark called this beautiful chocolate orange shower gel Sonic Death Monkey for the same reason. Please don't let him wind you up, just ignore him and buy it anyway. Think of coffee, cocoa absolute (genuine chocolate perfume), lime, orange and vanilla. Forget the name; you'll only encourage him.

2369 100ml/3.3 fl. oz.

2393 250ml/8.4 fl. oz.

2394 500ml/16.9 fl. oz.

Ingredients: Coffee, Cocoa and Cerasia Infusion, Sodium Laureth Sulfate, Sodium Cocoamphacetate, Lauryl Betaine, Perfume, Fresh Lime Juice, Hemp Oil, Tangerine Oil, Orange Oil, Vanilla Absolute, *Limonene, Methylparaben, Propylparaben.

"This is chocolate heaven. I use this if I've run out of chocolate bars and need cheering up! A great start or end to a day, I've even got my older brother trying it. Everyone must try!" Lindsey Brown, Barrow-in-Furness, Cumbria.

The OLIVE BRANCH

On the other hand, when he wants to, Mark can think up some really beautiful names. This one is inspired by the Leonard Cohen song, Dance Me to the End of Love (Madeleine Peyroux's version) and features organic olive oil from a Sicilian co-operative run by former drug addicts on land confiscated from drug dealers. With vine leaves, mandarin juice and Mediterranean citrus oils, it smells like the perfect holiday.

2397 100ml/3.3 fl. oz.

2398 250ml/8.4 fl. oz.

Ingredients: Vine Leaf Infusion, Sodium Laureth Sulfate, Sodium Cocoamphacetate, Fresh Mandarin Juice, Olive Oil, Perfume, Bergamot Oil, Lemon Oil, Orange Flower Absolute, Mandarin Oil, Sea Salt, Gardenia Extract, *Benzyl Benzoate, *Limonene, *Linalool, FD&C Red No. 4, Methylparaben, Propylparaben.

"My husband loves this gorgeous milky orange gel, lucky for me -- it smells incredible on his skin! This musky, dusky, sweet, deep orange fragrance is one of Lush's finest. I find myself reaching for it too, because with all that olive oil, it leaves my sensitive skin soft and plumped." Summer Joseph, USA.

"I use Olive Branch showergel; skin is softer than the average baby's butt. Especially when combined with Buffy on those odd bobby patches." Jacqueline Burns, Yeovil, Somerset.

NUTS

We use ground nuts and nut oils in some of our products and as our factories are very small it is possible that nut traces could get into anything which we make.

HOW TO GET THE BEST FROM YOUR SOLID LUSH PRODUCTS.

Lush products can be very beautiful to look at and we would understand if you want to put them somewhere so you can admire them. However, they are really best kept in the bathroom. Some of the melty ones (like Luxury Bath Melts, Massage Bars and Body Conditioners) are designed to melt at body temperature; if you put them on the radiator or in direct sunlight they're going to turn into liquid. Please keep them somewhere cool.

Lush solid products contain perfumes, mostly essential oils from plants. These natural perfumes are strong and have active ingredients (which is why we use them) but we carefully add them to our products so that they have an effect on the hair and skin. It's not a good idea to store our products naked on anything that may be damaged.



POST ORDERS: LUSH MANUFACTURING LTD, 120, 8365 ONTARIO ST, VANCOUVER, BC, CANADA V5X 3E8