

# BODY BUTTERS

Lush Body Butters are bars for the shower or bath\*. Smooth them on to wet skin, rinse off then dry your body. They work to condition your skin the way hair conditioner softens your locks. If your body's feeling a bit rough, smooth it with one of these. They range from a gentle polish to a seriously severe scrubbing.



**THE KING OF SKIN**

**The New New Thing**  
**Best Benefit: Instant softness**  
 The King of Skin commands that your body loses its dryness and becomes instantly smooth, soft and a pleasure to stroke. This cocoa butter and banana bar melts on warm, wet skin and coats you gently in natural oils which soak in and rehydrate you in a trice. Rinse and pat dry.  
**2241 95g/3.3 oz.**

**Ingredients:** Cocoa Butter (Theobroma cacao), Fresh Banana (Musa paradisiaca), Shea Butter (Butyrospermum parkii), Fresh Avocado (Persea gratissima), Oatmeal Infusion (Avena sativa), Coconut Butter (Cocos nucifera), Perfume, Jojoba Oil (Simmondsia chinensis), Almond Oil (Prunus dulcis), Tangerine Oil (Citrus reticulata), Lavender Oil (Lavandula hybrida), Sandalwood Oil (Santalum album), Rose Absolute (Rosa centifolia), Frankincense Resinoid (Boswellia carterii), \*Limonene, \*Linalool, Methylparaben, Propylparaben.



**THE BUFFERY**

**Exfoliating scrub for your seating area**  
**Best Benefit: A lovely, smooth bottom**  
 The Buffery Bar scrubs your backside, thighs and other places that get a bit rough, sluggish and bumpy from over indulgence. Good for keeping arms smooth and even better for all the body parts you sit on all day. It's an unbelievably effective scrub. Always use it on wet skin as its hurricane-like tendencies are way too strong for using dry.  
**265 95g/3.3 oz.**  
**2127 200g/7.0 oz.**

**Ingredients:** Cocoa Butter (Theobroma cacao), Shea Butter (Butyrospermum parkii), Ground Rice (Oryza sativa), Ground Almonds (Prunus dulcis), Ground Aduki Beans (Phaseolus), Perfume, Lavender Oil (Lavandula hybrida), Lemon Oil (Citrus limonum), \*Citral, \*Limonene, \*Linalool.



**AQUA MIRABILIS**

**Our Miraculous Shower Bar for Bodies**  
**Best Benefit: So perfect in every way it's impossible to choose.** Butters to soften your skin, ground almond shells to exfoliate and the scent of rose and sandalwood. Everything about this bar is perfect and it's even better now that it's huge. (A couple of years back it was small). Just use one and feel it work its miracle all over your body.  
**2166 95g/3.3 oz.**

**Ingredients:** Cocoa Butter (Theobroma cacao), Almond Butter (Prunus dulcis), Laureth 4, Ground Almond Shells (Prunus dulcis), Sandalwood Oil (Santalum album), Rose Absolute (Rosa centifolia), Perfume.



**THE SOFT TOUCH**

**A Safe Pair of Hands**  
**Best Benefit: Softest hands ever**  
 Use The Soft Touch last thing at night and you will have soft hands in the morning. Fact! \*This is the only Body Butter which you use without water: hold it in your hands until enough of the natural, supremely softening butters melt to coat your hands generously. Allow the herbal infusions to soak in. Go to sleep. Wake up with a soft, vanilla scented touch.  
**2168 95g/3.3 oz.**

**Ingredients:** Cocoa Butter (Theobroma cacao), Fresh Lemon (Citrus limonum), Shea Butter (Butyrospermum parkii), Fresh Mango (Mangifera indica), Honeysuckle and Vanilla Pod Infusion (Equisetum arvense, Gallium aparine and Vanilla planifolia), Lanolin, Perfume, Hydrogenated Palm Kernel Oil, Coconut Butter (Cocos nucifera), Beeswax (Cera alba), Wheatgerm Oil (Triticum vulgare), Soy Oil (Glycine soja), Avocado Oil (Persea gratissima), Cardamom Oil (Elettaria cardamomum), Vanilla Absolute (Vanilla planifolia), Neroli Oil (Citrus amara), Lavender Oil (Lavandula hybrida), Paprika Extract (Capsicum frutescens), \*Citral, \*Geraniol, \*Limonene, \*Linalool, Coumarin, Hydroxyacetone.



**SCHNUGGLE**

**Body Butter for Bed Time**  
**Best Benefit: Sleep**  
 Can you have a Body Butter that's not buttery? Of course, if you're Lush, and what you really need is a sleep-inducing bar to use in the shower just before you fall into bed, yawning noisily and ready for a good night's sleep. Creamy cleansing powders leave you smooth all over, lavender, sandalwood and chamomile prepare you for some serious snoozing.  
**2383 95g/3.3 oz.**

**Ingredients:** Cocoa Butter (Theobroma cacao), Corn Starch (Zea mays), Kaolin, Magnesium Carbonate, Sodium Bicarbonate, Lavender Oil (Lavandula hybrida), Ginger Oil (Zingiber officinale), Sandalwood Oil (Santalum album), Chamomile Oil (Anthemis nobilis), Jasmine Absolute (Jasminum officinale), \*Geraniol, \*Limonene, \*Linalool, Perfume.



**YOU SNAP THE WHIP**

**Hard core scrub to show skin how to behave**  
**Best Benefit: a whole new body**  
 Once you've scrubbed all over with your wickedly naughty You Snap The Whip, you will feel as though you've exchanged bodies with someone younger, more lithe and lots less inhibited. Its fruity fragrance and scrubby charcoal and pumice set your new skin free. Be prepared for some fluff; this hard core bar takes some washing off - yourself and your shower.  
**2169 95g/3.3 oz.**

**Ingredients:** Cocoa Butter (Theobroma cacao), Macadamia Nut Oil (Macadamia ternifolia), Laureth 4, Powdered Charcoal, Pumice, Perfume, Bergamot Oil (Citrus bergamia), Cassia Absolute (Ribes nigrum), Cypress Oil (Cupressus sempervirens), \*Limonene, \*Linalool.

## RUNNING FOR THE EMBASSY

**Foot Scrub, Moisturiser and Conditioner**  
**Best Benefit: Comfy feet**  
 If you walk a lot, run, stand around in high heels, stand around in bare feet or just feel like giving yourself a pedicure to scrub away your surplus skin, grab your minty Running for the Embassy bar. Get yourself a bowl of warm water for a good old foot soak. Give each one a soothing African Marigold, spearmint and peppermint massage and a good old scrub. Peace for feet.  
**2167 95g/3.3 oz.**

**Ingredients:** Cocoa Butter (Theobroma cacao), Pumice, Sea Salt (Sodium chloride), Shea Butter (Butyrospermum parkii), Laureth 4, Spearmint Oil (Mentha viridis), Peppermint Oil (Mentha piperita), Tagetes Oil (Tagetes glandulifera), Chlorophyll, \*Limonene, \*Linalool, Perfume.



# LUXURY BATH MELTS

Helén Ambrosen's products generally do exactly what they say. Therefore her range of Luxury Bath Melts are luxurious, they melt and you use them in the bath. Use one when you have twenty minutes to enjoy it properly. You can't rush luxury.

**ELIXIR**

**Finest Feature: Restoration**  
 Elixir has brain-clearing cardamom, warming ginger and soothing neroli oils to help you recover the morning after a big night out. Helén is a champion marathon runner. She turned down The Land Rover 'x7x7' Challenge with Sir Ranulf Fiennes because HE DOESN'T GO FAST ENOUGH! Helén does not get hangovers so she put blue glitter in it which meant that we mortals had to bathe with our eyes closed. Now, thank goodness, she's taken the glitter out again so we can use Elixir to make us feel better.  
**2153 30g/1.0 oz.**

**Ingredients:** Cocoa Butter (Theobroma cacao), Laureth 4, Almond Oil (Prunus dulcis), Perfume, Red Rose Petals (Rosa centifolia), Ginger Oil (Zingiber officinale), Cardamom Oil (Elettaria cardamomum), Neroli Oil (Citrus amara), Ylang Ylang Oil (Cananga odorata), \*Citral, \*Geraniol, \*Limonene, \*Linalool.

## SOMETHING WICKED THIS WAY COMES

**Finest Feature: Ginger and Jasmine**  
 When Mark first used this fragrance he put it into a massage bar and wrote on the wall 'Ginger and Jasmine at the gates of Eden'. This blend of warm, spiciness of ginger essential oil with the soothing sensuality of jasmine absolute is enough to tempt the purest of individuals from the straight and narrow. You might like to share this bath. We're happy to tell you that this one has lost its glitter too, to be replaced with coloured cocoa butter chunks; now no-one will know who's shared your bath.  
**2154 30g/1.0 oz.**

**Ingredients:** Cocoa Butter (Theobroma cacao), Laureth 4, Almond Oil (Prunus dulcis), Perfume, Ginger Oil (Zingiber officinale), Jasmine Absolute (Jasminum officinale), Ockmoss Absolute (Evernia prunastri), FD&C Red No. 4, D&C Red No. 33, D&C Red No. 27.

## YOU'VE BEEN MANGOED

**Finest Feature: Nutritious butters**  
 This is a wake-up, revival Luxury Bath Melt for mornings when you've got time to let the lemon and lime oils slowly clear your tired brain. Vitamin packed mango and avocado butters moisturise your skin while you relax. This is an essential item in the Lush Times households, especially on writing days.  
**2156 30g/1.0 oz.**

**Ingredients:** Cocoa Butter (Theobroma cacao), Laureth 4, Almond Oil (Prunus dulcis), Lemongrass Oil (Cymbopogon flexuosus), Avocado Butter (Persea gratissima), Mango Butter (Mangifera indica), Lemon Oil (Citrus limonum), Lime Oil (Citrus aurantifolia), \*Citral, \*Geraniol, \*Citronellol, \*Limonene, \*Linalool, Perfume, Paprika Extract (Capsicum frutescens).

## DREAMTIME

**Finest Feature: Snooze magic**  
 A Dreamtime Luxury Bath Melt also has some other Lush friends: Dreamtime Temple Balm, Schnuggle Body Butter, Waving Not Drowning products are our first aid for non-sleepers; we should put them in a white box and send nurse round with it whenever you find yourself wide awake when you should be sleeping. Take one in the bath for jetlag, overtiredness or after a stressful day.  
**601 30g/1.0 oz.**

**Ingredients:** Cocoa Butter (Theobroma cacao), Laureth 4, Almond Oil (Prunus dulcis), Lavender Oil (Lavandula hybrida), Ginger Oil (Zingiber officinale), Sandalwood Oil (Santalum album), Chamomile Oil (Anthemis nobilis), Jasmine Absolute (Jasminum officinale), Jasmine Flowers (Jasminum officinale), \*Geraniol, \*Limonene, \*Linalool, Perfume.

## IN THE NUDE

**Finest Feature: Skin soother**  
 In the Nude accompanies Dream Cream, Fresh Farmacy and Dream Wash on their quest to make sore, red, flaky skin a thing of the past. It helps to calm troubled skin with lavender, rose and chamomile. Use it whenever you are tormented by your skin whether its self-inflicted (sunburn) or entirely undeserved. With all those lovely oils, it soothes your mind too.  
**2160 30g/1.0 oz.**

**Ingredients:** Cocoa Butter (Theobroma cacao), Laureth 4, Almond Oil (Prunus dulcis), Alkanet in Almond Oil (Alkanna tinctoria, Prunus dulcis), Lavender Oil (Lavandula hybrida), Rose Absolute (Rosa centifolia), Chamomile Oil (Anthemis nobilis), \*Geraniol, \*Citronellol, \*Limonene, \*Linalool, Perfume.

## CERIDWEN'S CAULDRON

**Finest Feature: Sorcery**  
 Ceridwen was a Welsh sorceress who made a potion which held all the world's knowledge. It was for her son but her assistant drank it first. Our homage to the great Welsh woman is a potion which holds the secret of softer skin: butters, oats, sandalwood and elderflowers. Let it melt in your warm bath water then scrub all over with the muslin bag of oats. Magical!  
**592 80g/2.8 oz.**

**Ingredients:** Cocoa Butter (Theobroma cacao), Laureth 4, Whole Oats (Avena sativa), Walnut Oil (Juglans regia), Perfume, Tangerine Oil (Citrus reticulata), Lavender Oil (Lavandula hybrida), Sandalwood Oil (Santalum album), Frankincense Resinoid (Boswellia carterii), Rose Absolute (Rosa centifolia), Elderflowers (Sambucus nigra), Daisy Flowers (Bellis perennis), Cowslips (Primula veris), \*Geraniol, \*Limonene, \*Linalool.

## MMM MELTING MARSHMALLOW MOMENT

**Finest Feature: Fluffy pink foam**  
 Do not rush this bath. One of the wondering things about the MMM Melt is the time it takes to dissolve, bobbing up and down on top of your warm bath water, releasing pink fluffy foam and a sweet fragrance which even smells pink and fluffy. It's a best seller because it's marvellous. Treat yourself to some fluffy pink luxury. **2155 100g/3.5 oz.**

**Ingredients:** Sodium Bicarbonate, Citric Acid, Cocoa Butter (Theobroma cacao), Laureth 4, Almond Oil (Prunus dulcis), Water (Aqua), Chamomile Powder (Anthemis nobilis), Marshmallow Powder (Althaea officinalis), Marigold Powder (Tagetes erecta), Synthetic Musk, Benzyl Benzoate, Perfume, D&C Red No. 33.

## FLOATING ISLAND

**Finest Feature: Fine fragrance**  
 Dear bathers, the Floating Island is like a Ballistic in slow motion, but with extra added froth. As it takes such a long time to melt, softening your skin with almond oil and cocoa butter as it floats into oblivion, it surrounds you with its sandalwood, labdanum and lemon scent for ages and ages. Take your time.  
**595 100g/3.5 oz.**

**Ingredients:** Sodium Bicarbonate, Citric Acid, Cocoa Butter (Theobroma cacao), Laureth 4, Perfume, Almond Oil (Prunus dulcis), Water (Aqua), Sandalwood Oil (Santalum album), Lemon Oil (Citrus limonum), Labdanum Resinoid (Cistus labdanum), \*Limonene.

\* Occurs naturally in essential oils